

Managing Your Children's Time

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Managing Your Children's Devotional Time

Goal: To Help Them Create a Habit of Spending Time with God in His Word

Pre-readers

- Listen to the Bible
- Read Bible stories to them
- Provide Bible Story Books
- Set aside time in their schedule for "Bible" time
- Teach them songs full of Scripture and doctrine
- Memorize verses together
- Set a good example

Readers

- Discuss and Provide Bible reading plans
- Remind them that they aren't just reading; they are fellowshiping with God
- Set aside time in their schedule for their Devotional Time
- Check up on them
- Provide Bible study resources
- Teach them to journal what they've learned
- Provide a prayer journal
- Encourage them to take notes during preaching and teaching
- Continue learning quality songs and memorizing Scripture

Family Time Suggestions

- Daily Family Worship Time
- Weekly Gratitude Time (Saturday Night Blessings)
- Manage mealtime conversations
- Have overnight dates with your children: father/son, mother/daughter

Resources:

- From Eden to Patmos (Timothy Berrey)
- 40 Days Through the Bible (Timothy Berrey)

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The Rudder of Your Day: Morning Time

- Devotional Time
 - Bible Reading
 - Journaling
 - Prayer
 - Singing/Praise
 - Memorization
- Planning Time
 - Index Card: Big Three
 - Mental Models
 - To Do Lists and To Don't Lists
 - Family Schedules
- Gratitude Attitude Time
- Five Under Five

Create Your Ideal Day

- Blocks of Time
- Focused Blocks of Time
- Habits (Habit Trackers are helpful)
- Habit Stacks

Take an Annual GAP Retreat with your husband

- Discuss Important Topics
- Plan Your Year
- Create Family and Personal Goals
- Develop a vision statement or core theme for the year
- Strategize parenting ideas: birthday gifts, skills development, spiritual needs, education etc.

Recommended Resources:

- Life Management for the Busy Homeschooling Mother (Laura Berrey)
- Life Management for Busy Women (Elizabeth George)
- Your Ideal Day Workbook (Livewithamission.com)