



Loving Your Single Adult Children

Panel Members: Bonnie Merkle, Carolyn Becker,
Linda Pearson, Susan Evans

*Be anxious for nothing,
but in everything by prayer and supplication
with thanksgiving let your requests be made known to God.
And the peace of God which surpasses all comprehension
will guard your hearts and minds in Christ Jesus.*

Philippians 4:6-7

1. Encouragements & Admonishments (Bonnie)

“I am no longer anxious about anything for He, I know, is able to carry out His will, and His will is mine. It makes no matter where He places me, or how. That is rather for Him to consider than for me; for in the easiest position He must give me His grace, and in the most difficult His grace is sufficient.”

Hudson Taylor

2. What factors determine whether single adults live at home or on their own? (Bonnie, Susan)

3. What are some suggestions to help a single adult “manage the mundane?” How can our church family encourage our single adults? (Bonnie, Linda)

4. Are there financial matters that should be discussed with your single adult prior to their leaving home and even after? (Bonnie, Linda)

“Marriage and singleness both present us with unique trials and unique opportunities for our sanctification.”

John Piper

5. What are some tips for knowing how much to involve yourself in your single adult's life? Should you give unsolicited advice or wait for them to ask? (Carolyn, Linda)

6. What are some ways that you stay in touch with your single adult if they are not living nearby? (Carolyn, Linda)

7. How do you work with your single adult to handle an unwanted relationship?

(Carolyn, Linda, Susan)

8. What are some areas of sensitivity and discouragement that your single adult has experienced? (Linda)

“Everything is necessary that God sends our way.
Nothing can be necessary that He withholds.”

John Newton

9. How do you encourage your single adult to get involved in their community of believers?

(Bonnie, Carolyn)

“Man’s (woman’s) chief end is to glorify God, and to enjoy Him forever.”

Westminster Shorter Catechism

10. How can you respond if your single adult chooses to go down a different path? (Carolyn, Linda, Susan)

11. How do you teach your single adult child and yourself contentment with their singleness?

(Bonnie, Linda, Susan)

12. Answers to prayer

(Bonnie, Carolyn, Linda, Susan)

“Remember this, had any other condition been better for you than the one in which you are, divine love would have put you there. You are placed by God in the most suitable circumstances, and if you had the choosing of your lot, you would soon cry, 'Lord, choose my inheritance for me, for by my self-will I am pierced through with many sorrows.' Be content with such things as you have, since the Lord has ordered all things for your good.”

Charles Haddon Spurgeon

Closing Prayer

Our loving Lord, we earnestly entreat You to empower us with your Holy Spirit to be all that You want us to be as mothers of our adult children. We covet the peace You give to us, not the kind the world tries to give. Let our hearts not be troubled or fearful (John 14:27). Help us to set You continually before us. With You at our right hand, we will not be shaken (Psalm 16:8).

When our anxious thoughts multiply within us, may Your consolations delight our souls (Psalm 94:19). Thank you, Lord, that Your lovingkindness is from everlasting to everlasting to us who fear You and Your righteousness is to our children (Psalm 103:17).

And for our adult children, we pray that they will be righteous and run to Your name, for Your name is a strong tower (Proverbs 18:10). May their character be free from the love of money, being content with what they have, for You have said You will never desert them, nor will You ever forsake them (Hebrews 13:5). Help them to be on their guard against every form of greed, for not even when they have an abundance will their lives consist of their possessions (Luke 12:15). As children of their heavenly Father, may their thoughts dwell on whatever is true, honorable, right, pure, lovely, and of good repute – things that are excellent and worthy of praise (Philippians 4:8). We plead, Lord, keep them from sexual immorality, for their sanctification is Your will (I Thessalonians 4:3). Rather, may they put on You, the Lord Jesus Christ, and make no provision for the flesh in regard to its lusts (Romans 13:14). Help them to live without fear, for You are with them. Help them not to look anxiously about, for You are their God. You will strengthen them, You will help them, and You will uphold them with Your righteous right hand (Isaiah 41:10). And Lord, when they cry unto You in their trouble, may they know You will answer (Psalm 91:15). For You are the Lord their God, Who upholds their right hand, Who says to them, "Do not fear, I will help you" (Isaiah 41:13). This we pray in Your matchless name, Amen.

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