



mothers
of adults
Lesson 14

Workers at Home

*Whatever you do, do your work heartily,
as for the Lord rather than for men, knowing that from
the Lord you will receive the reward of the inheritance.*

It is the Lord Christ whom you serve.

Colossians 3:23-24

*Older women . . . encourage the young women
. . . to be . . . workers at home . . . so that the word of God
will not be dishonored.*

Titus 2:3-5

Emphasis: Workers at home who are mothers of adult children

- God's way
A worker at home is a woman whose heart is primarily turned toward keeping her home and meeting the needs of her family. The home is the sphere of her responsibility.
- World's way
A woman who desires to make a name for herself and belittle motherhood. I Corinthians 3:19a, *For the wisdom of this world is foolishness before God.*

A Mother's Job –
24/7 and never done



Mothers of adult children

Ecclesiastes 3:1—*There is an appointed time for everything. And there is a time for every event under heaven . . .*

Every mother will be without children- at- home eventually.

Mothers with adult children have more discretionary time.

A. More time with God—this is the foundation for everything else.

1. God's Word, Psalm 119
 - a. Read/Heed
 - Philippians 2:16—*Holding fast the word of life*
 - b. Memorize
 - Psalm 119:11—*Your word I have treasured in my heart, that I might not sin against you.*
 - c. Meditate
 - Psalm 1:2b—*And in His law he meditates day and night.*
 - Psalm 119:15—*I will meditate on your precepts and regard Your ways.*
 - Joshua 1:8—*This book of the law . . . you shall meditate on it day and night.*
2. Prayer
 - a. James 5:16—*The effective prayer of a righteous man can accomplish much.*
 - b. Philippians 4:6-7—*Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God, and the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.*
 - c. I Peter 3:12—*For the eyes of the LORD are toward the righteous, and His ears attend to their prayer.*
 - d. I Timothy 5:5—*Now she who is a widow indeed . . . has fixed her hope on God and continues in entreaties and prayers night and day.*

You can't give out what is not within.

B. More time with Family

1. Husband
 - a. Genesis 2:18— . . . *It is not good for the man to be alone; I will make him a helper suitable for him.*
 - b. Ecclesiastes 4:9-10—*Two are better than one because they have a good return for their labor. For if either of them falls, the one will lift up his companion . . .*
2. Children. Once a mom, always a mom.

Proverbs 1:8-9—*Hear, my son, your father’s instruction and do not forsake your mother’s teaching; Indeed, they are a graceful wreath to your head and ornaments about your neck.*

 - a. Prayer—First resort
 - b. Advice
 - c. Help
3. Grandchildren. I give my grandchildren me. That’s what they want.
 - a. Teach them
Deuteronomy 6:7-9—*You shall teach them diligently to your sons and shall talk of them when you sit in your house and when you walk by the way and when you lie down and when you rise up.*
 - b. Feed them
 - c. Play with them
 - d. I minister to my daughter when I watch my grandchildren!
4. Parents—Honor them.
 - a. Exodus 20:12—*Honor your father and your mother, that your days may be prolonged in the land which the LORD your God gives you.*
 - b. Ephesians 6:2-3—*Honor your father and mother (which is the first commandment with a promise), so that it may be well with you, and you may live long on the earth.*
 - c. Proverbs 23:22—*Listen to your father who begot you, and do not despise your mother when she is old.*

C. More time at home, Proverbs 31

1. Marriage, Proverbs 31:1-12
2. Behavior, Proverbs 31:13-24
 - a. Industrious
 - b. Works with her hands
 - c. Prepares food
 - d. Entrepreneur—
Investing and
reinvesting
 - e. Benevolent
 - f. Provides clothing
3. Character, Proverbs 31:25-27
 - a. Inward clothing
 - b. Wisdom
 - c. Kindness
 - d. Not Lazy
4. Family, Proverbs 31:28-31
 - a. Her children bless her
 - b. Her husband praises her
 - c. Her works praise her

A woman who fears the Lord, she shall be praised.

D. More time for ministry

1. Spiritual Giftedness in the Church—Ephesians 4:7-16
2. Other Ministries
 - Nursery
 - Released Time
 - Clubs
 - LMPG
 - Choir/Special Music
 - Teaching
 - Helping with weddings
 - Graphic Design
 - Welcoming Committee
 - Meals
 - Making visitors feel welcome
3. Mentor

Titus 2:3-5—*Older women likewise are to be . . . teaching what is good, so that they may encourage the young women to love their husbands, to love their children, to be sensible, pure, workers at home, kind, being subject to their own husbands, so that the word of God will not be dishonored.*
4. Other

E. More time for everything else

More discretionary time – Cautions

1. Lonely

- John 16:7—*“But I tell you the truth, it is to your advantage that I go away; for if I do not go away, the Helper will not come to you; but if I go, I will send Him to you.”*
- Hebrews 13:5—*. . . being content with what you have; for He Himself has said, “I will never desert you, nor will I ever forsake you.”*

2. Lazy/Idle

- Proverbs 6:6—*Go to the ant, O sluggard, observe her ways and be wise.*
- Proverbs 24:33-34—*A little sleep, a little slumber, a little folding of the hands to rest, then your poverty will come as a robber and your want like an armed man.*

3. Gossips/Busybodies

- I Timothy 5:13—*At the same time they also learn to be idle, as they go around from house to house, and not merely idle, but also gossips and busybodies, talking about things not proper to mention.*
- II Thessalonians 3:11—*For we hear that some among you are leading an undisciplined life, doing no work at all, but acting like busybodies.*

4. Grumpy

- Philippians 2:14-15—*Do all things without grumbling or disputing; so that you will prove yourselves to be blameless and innocent, children of God above reproach in the midst of a crooked and perverse generation, among whom you appear as lights in the world.*

5. Discouragement (Physical Limitations)

- I John 3:2—*Beloved, now we are children of God, and it has not appeared as yet what we will be. We know that when He appears, we will be like Him, because we will see Him just as He is.*
- Romans 8:11—*But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ Jesus from the dead will also give life to your mortal bodies through His Spirit who dwells in you.*

6. Identity—Find identity in the One who never changes.
Don't live by feeling; live by fact.

- Romans 8:16-17, 31—*The Spirit Himself testifies with our spirit that we are children of God, and if children, heirs also, heirs of God and fellow heirs with Christ, if indeed we suffer with Him so that we may also be glorified with Him. . . . What then shall we say to these things? If God is for us, who is against us?*

7. Fears/Anxiety

- II Timothy 1:7—*For God has not given us a spirit of timidity, but of power and love and discipline.*
- Psalm 23:4—*Even though I walk through the valley of the shadow of death, I fear no evil, for You are with me; Your rod and Your staff, they comfort me.*
- Philippians 4:6-7—*Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.*

8. Failures

- Philippians 3:13—*Brethren, I do not regard myself as having laid hold of it yet; but one thing I do: forgetting what lies behind and reaching forward to what lies ahead.*
- I John 1:9—*If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness.*

9. Entertainment

- Philippians 4:8—*Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, dwell on these things.*
- Psalm 101:3—*I will set no worthless thing before my eyes; I hate the work of those who fall away; it shall not fasten its grip on me.*
- Romans 13:14—*But put on the Lord Jesus Christ, and make no provision for the flesh in regard to its lusts.*

Biblical examples of Godly women

1. Sarah, Hebrews 11:11—Faith in the promise
2. Rahab, Matthew 1:5-6, Hebrews 11:31—Faith to redemption
3. Shunammite Woman, II Kings 4:8-11—Hospitable
4. Naomi/Ruth, Ruth 3:1-5—Wise counsel of an older woman
5. Dorcas, Acts 9:36-42—Kindness
6. Mary Magdalene, Mark 16:9—Forgiven
7. Anna, Luke 2:36-38—Faithful
8. Lois/Eunice, II Timothy 1:5 & 3:15—Teachers
9. Lydia, Acts 16:14, 15, 40—Hospitable
10. Women who have shared my struggle . . . in the gospel, Philippians 4:3