



Young Mothers 2018

December 16, 2018 | Lesson 14

Where to Turn for Help

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Proverbs 24:3-4

*By wisdom a house is built,
And by understanding it is established;
And by knowledge the rooms are filled
With all precious and pleasant riches.*

1. To the Words of God

We all **know** where to start, but in practice, do we actually start there? Do we go to the Word of God for help because we are thoroughly convinced that it is the ultimate authority and source of help?

2 Peter 1:3 Seeing that His divine power has granted to us everything pertaining to life and godliness, through the true knowledge of Him who called us by His own glory and excellence.

I think the most helpful and therefore most precious study I have ever done in the Bible is the story of Martha and Mary. I did that study when I was right where you are, a young wife and mother. I can't thank the Lord enough for guiding me to that passage early on in my adult life, as it has made ALL the difference, truly! Therefore I want to share a sermon with you by C.H. Spurgeon.

See Handout: Martha and Mary

I'm going to plead with you to read prayerfully through this sermon and let God, your Father, apply it to your heart and life. If you don't have a block of time to read the whole thing, read it in sections. And then, read it again and again until you "HAVE it!"

Martha and Mary: a sermon by C.H. Spurgeon

Audio: <https://www.youtube.com/watch?v=MJm7od5XzDk>

Download: <http://www.spurgeongems.org/vols16-18/chs927.pdf>



2. To Your Mother and His

Ephesians 6:2-3 Honor your father and mother (which is the first commandment with a promise), so that it may be well with you, and that you may live long on the earth.

Proverbs 1:8-9 Hear, my son, your father's instruction and do not forsake your mother's teaching; Indeed, they are a graceful wreath to your head and ornaments about your neck.

Proverbs 23:22 Listen to your father who begot you, and do not despise your mother when she is old.

God intended for our parents to be a source of WISDOM to us. Even unsaved parents can be used of God to help us along life's way. There are exceptions to that, of course, but don't be quick to dismiss your parents as a source of help.

Primarily though, I'm speaking of parents who know the Lord and are trying to walk in His ways. I'm fully aware of challenges that come up in these relationships and have experienced them myself. It often takes a great deal of humility on our part and a commitment to obey the Scriptures in order to have God-honoring relationships, but we can know with absolute certainty that it is the good and perfect will of God for us to do so.

Don't be critical of his or your parents. I've said it before, but it bears repeating often, don't live your Christian life as a reaction to what you've seen other Christians do, and especially your parents. You'll go just as wrong as they did, only in a different direction. Start with the Word of God and let the Spirit of God help you discern the things your parents did that

were right. You wouldn't be who you are or where you are if your Christian parents hadn't done you GOOD. Be thankful and follow in their **Godly** ways!!!

Please don't overlook this valuable, God-ordained source of help.

- **One-on-one Mentoring Ministry**

- Susan Evans

- Rachel Quattlebaum

- Karne McGary

I started with the mentoring ministry four years ago, and I wasn't sure what to expect. I knew I wanted a relationship like that, and I knew someone I wanted to get to know better, but from there, I didn't know how it would all work out.

Initially, she wanted to focus on a particular spiritual discipline, with the thought that other, more surface issues would "fall into place" as that was put into practice. We worked on it together, which was a great blessing, and it provided accountability. The accountability was a huge part of keeping it

up and making it a desire more of a habit. Because she was someone I looked up to, not a peer, I couldn't make excuses. I didn't want to disappoint her, so I worked out ways to make it happen. When it was just something I was trying to do myself, it was easy to give myself reasons why it wasn't working, and that it was too hard. With my mentor, I became more creative at finding ways to work it out and push myself. It broke through my roadblock.

Over the several years we've worked at this, I've been encouraged in other spiritual disciplines as well. And while my respect and love for her hasn't changed, I know her better, and know that she is not perfect, that she is climbing on ahead of me. It is encouraging to know she is growing just like I am.

She has become a dear friend through our regular meeting times, and though at first I wondered how I would fit it in to my schedule, now I miss it if we can't get together for some reason, and I don't want to go without it, or lose the accountability. It's become precious to both of us.

*For more testimonies see: *Encouragers of Young Women 2017: Testimonies of Mentees – Lessons 09 and 12*. Not all of these women went through the mentoring ministry and they represent Married, Married without children, and Single Women.

- **Ministry of Helps**
 - Betty Dahlhausen

- Sarah Muller

- Katie Rodgers

Be ENCOURAGED!
God's GRACE is abundant,
and He has promised
to supply ALL your needs!

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