

# Mentoring Biblical Womanhood



## Encouraging Mothers of Teens through the Word

by Mrs. Minnick

Paul instructed Timothy saying:

“...speak the things which are **fitting for sound doctrine.**

**Older men** are to be temperate, dignified, sensible, sound in faith, in love, in perseverance.

**Older women** likewise are to be reverent in their behavior, not malicious gossips nor enslaved to much wine, teaching what is good, so that they may encourage

the **YOUNG WOMEN** to love their husbands, to love their children, *to be sensible, pure, workers at home, kind, being subject to their own husbands,*

**so that the word of God will not be dishonored.**

Likewise urge the **young men** to be sensible; in all things show yourself to be an example of good deeds, *with purity in doctrine, dignified, sound in speech which is beyond reproach, so that the opponent will be put to shame,* **having nothing bad to say about us.**

Urge **bondslaves** to be subject to their own masters in everything, to be well-pleasing, not argumentative, not pilfering, but showing all good faith **so that they will adorn the doctrine of God our Savior in every respect.**”

~Titus 2:1-10

## The Proverbs 31 Woman

### *Her Worth*

An excellent wife, who can find?  
For her worth is far above jewels.  
The heart of her husband trusts in her,  
And he will have no lack of gain.  
She does him good and not evil  
All the days of her life.

10-12

### *Her Work*

She looks for wool and flax  
And **WORKS** with her **hands** in delight.  
She is like merchant ships;  
She brings her food from afar.  
She rises also while it is still night  
And gives food to her household  
And portions to her maidens.  
She considers a field and buys it;  
From her earnings she plants a vineyard.  
She girds herself with strength  
And makes her arms strong.  
She senses that her gain is good;  
Her lamp does not go out at night.  
She stretches out her **hands** to the distaff,  
And her **hands** grasp the spindle.  
She extends her **hand** to the poor,  
And she stretches out her **hands** to the needy.  
She is not afraid of the snow for her household,  
For all her household are clothed with scarlet.  
She makes coverings for herself;  
Her clothing is fine linen and purple.  
Her husband is known in the gates,  
When he sits among the elders of the land.  
She makes linen garments and sells *them*,  
And supplies belts to the tradesmen.

13-24

**Her Character**

Strength and dignity are her clothing, .....**STRONG**  
And she smiles at the future. ....**CONFIDENT**  
She opens her mouth in wisdom, .....**WISE**  
And the teaching of kindness is on her tongue. ....**KIND**  
She looks well to the ways of her household, .....**EFFICIENT**  
And does not eat the bread of idleness. ....**INDUSTRIOUS**

25-27

**Her Praise**

Her children rise up and **ble**ss her;  
Her husband *also*, and he **praises** her, *saying*:  
"Many daughters have done nobly,  
But you excel them all."  
Charm is deceitful and beauty is vain,  
**But a woman who fears the LORD**, she shall be **praised**.  
Give her the product of her **hands**,  
And let her **WORKS** **praise** her in the gates.

28-31



## **Additional Notes:**