

*Wives, be subject to your husbands,
as is fitting in the Lord.
~ Colossians 3:18*

Genesis 2:18, Then the Lord God said, "It is not good for the man to be alone; I will make him:

an help meet for him." KJV

a helper comparable to him." NKJV

a helper suitable for him." NASB

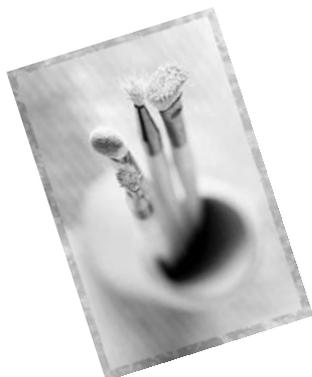
a helper fit for him." ESV

*a helper meet (suitable, adapted, completing)
for him." AMP*

On the basis of Genesis 2:18, you have been assigned to help your husband, _____ (his name), a/an _____ (his vocation), at/with _____ (his place of service).

The dictionary defines a helper as someone who

- makes it easier for someone to do something by offering service or financial or material aid.
- improves a situation or a problem.
- benefits—supports, advises, guides, comforts, restores—someone.
- assists someone to move in a specified direction.
- relieves—soothes, eases, alleviates, heals—the symptoms of an ailment.
- serves someone food or drink.
- acts as an assistant, aid, sidekick.



"I am on assignment from God to help my husband."
~ Elizabeth George

Your role as helper will be defined each day/year/decade by your husband's needs and his work/service/ministry. Your husband is unique, and God has designed you to be suitable for him!

The Bible doesn't specifically tell us how to "suit, fit, adapt to, complete" our husbands, but it describes ways to help and gives us certain instructions in reference to our husbands:

- **Love him.** Titus 2:4.

So that they may encourage the young women to love their husbands, to love their children.

- **Submit to him.** Ephesians 5:22.

Wives, be subject—be submissive and adapt yourselves—to your own husbands as [a service] to the Lord. AMP



“My service to my husband is my service to the Lord.”

~ Linda Minnick

- **Do him good.** Proverbs 31:10, 12.

An excellent wife, who can find? For her worth is far above jewels. . . . She does him good and not evil all the days of her life.

- **Earn his trust.** Proverbs 31: 11.

The heart of her husband trusts in her, and he will have no lack of gain.

- **Exhibit wisdom and kindness.** Proverbs 31:26.

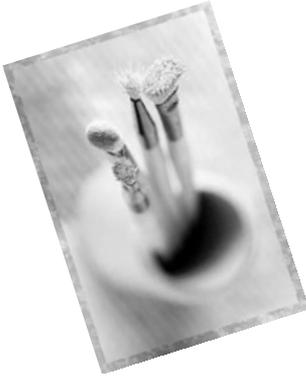
She opens her mouth in wisdom, and the teaching of kindness is on her tongue.

- **Reverence him.** Ephesians 5:33.

Let each man of you (without exception) love his wife as (being in a sense) his very own self; and let the wife see that she respects and reverences her husband—that she notices him, regards him, honors him, prefers him, venerates and esteems him; and that she defers to him, praises him, and loves and admires him exceedingly. AMP

If you do not respect or revere your husband, can you still be a helper, suited for him?

NO.



“It’s a wife’s job to make her husband whole, God’s job to make him holy.”

~ Linda Dillow

Prayerfully commit to God’s changing you.

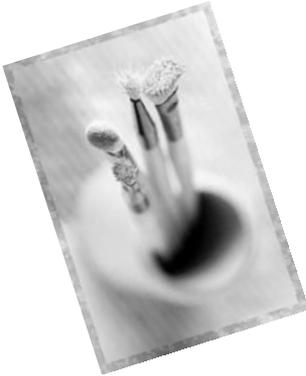
- Claim Philippians 2:13:

For it is God who is at work in you, both to will and to work for His good pleasure.

*(Not in your own strength) for it is God Who is all the while effectually at work in you—energizing and creating in you the power and the desire—both to will and to work for His good pleasure and satisfaction and delight.
AMP*

- Learn to totally accept your husband, just as God has totally accepted him (and you!)

Romans 5:6-8, For while we were still helpless, at the right time Christ died for the ungodly. For one will hardly die for a righteous man; though perhaps for the good man someone would dare even to die. But God demonstrates His own love toward us, in that while we were yet sinners, Christ died for us.



*“Man at his best
is—at best—a man.”*
~ C. H. Spurgeon

- Get rid of the plank in your own eye.

Matthew 7:3-5, Why do you look at the speck that is in your brother's eye, but do not notice the log that is in your own eye? Or how can you say to your brother, 'Let me take the speck out of your eye,' and behold, the log is in your own eye? You hypocrite, first take the log out of your own eye, and then you will see clearly to take the speck out of your brother's eye.

- Give all your expectations and perceived rights to God.

Psalm 39:7, And now, Lord, for what do I wait? My hope is in You.

- Discern your husband's positive qualities.

Philippians 4:8, Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, dwell on these things.

- Prepare to ask your husband's forgiveness for your wrong attitudes.

Matthew 5:23-24, Therefore if you are presenting your offering at the altar, and there remember that your brother has something against you, leave your offering there before the altar and go; first be reconciled to your brother, and then come and present your offering.

- Put your acceptance of him into practice.
 - Commit to helping him.
 - Get to really know him.
 - Focus on him.
- Test your love for him against God's 1 Corinthians 13 pattern for unconditional love. Can you put your name in every blank?

_____ *suffers long and is kind;*
 _____ *does not envy;*
 _____ *does not parade*
[her]self; _____ is not puffed up;
 _____ *does not behave rudely;*
 _____ *does not seek [her] own;*
 _____ *is not provoked;*
 _____ *thinks no evil;*
 _____ *does not*
rejoice in iniquity, but rejoices in the truth;
 _____ *bears all things,*
believes all things, hopes all things, endures all
things. LOVE never fails. NKJV

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