



Mothers of Teens

September 22, 2019 | Lesson 4

Recommended Listening:

"Sensible" —2011 and 2015; "Sensible" —
2012 (mothers of adults' class)

Sensible, Disciplined, Priorities

Brenda West

Memory Verses:

For the grace of God has appeared, bringing salvation to all men, instructing us to deny ungodliness and worldly desires and to live sensibly, righteously and godly in the present age. Titus 2:11-12

Therefore I esteem right all Your precepts concerning everything, I hate every false way. Psalm 119:128

And do not be conformed to this world, but be transformed by the renewing of your mind, so that you may prove what the will of God is, that which is good and acceptable and perfect. Romans 12:2

- I. Sensible is from the Greek word *sōphrōn*, “discreet, prudent sensible, having control over sensual desires, moderate, chaste”, literally “of sound mind.”

Our working definition, “sound in the mind” — so that one’s thoughts, passions, and one’s entire life is under the Spirit’s control.

- II. Sensible is rooted in sound doctrine, healthy teaching.

- A. Inculcating this teaching into our minds:
Transformation—Romans 12:1-2

Sound doctrine leads to a change of mind;

Which leads to sound, sensible thinking;

Which leads to sound, sensible living.



B. How do I, a Christian, get a sound mind?

1. Begin agreeing with God. Psalm 119:128

2. Beware of “the counsel of the ungodly.” Psalm 1
It can come from surprising voices.

3. Change your habits, Ephesians 4:22-24:
 - a. lay aside

 - b. be renewed in the mind

 - c. put on

4. Replace poor character or action with correct character or action:
 - a. v. 25 Lay aside falsehood | *Begin speaking truth*
 - b. v. 26 Stop sinning in anger | *Do not sin in anger*
 - c. v. 28 Stop stealing | *Now work*
 - d. v. 29 Stop rotten speech | *Edify*

Christ sets the standard high:

*to stop lying is not enough...a Christian becomes a _____.

*to stop stealing is not enough...a Christian must _____ and _____ with someone in need.

*Transformation takes large doses of Scripture, effort on our part, and a personal relationship with Jesus. Otherwise, we become arrogant Pharisees or frustrated shrews. Or an unpleasant combination of both.



III. A Sensible Woman and the Providence of God

A.

B.

*O Lord, my heart is not proud, nor my eyes haughty;
Nor do I involve myself in great matters,
Or in things too difficult for me.
Surely I have composed and quieted my soul;
Like a weaned child rests against his mother,
My soul is like a weaned child within me.
O Israel, hope in the Lord from this time
forth and forever. ~Psalm 131*

IV. The Bible

The Holy Scriptures are the inerrant Word of God, the Old and New Testaments, the only rule of my faith and obedience, the only rule to direct me how I may glorify God and enjoy Him forever.

~Catechism #5

A. Sarah: Married to a godly man who failed God and her.

Faith is deliberate confidence in the character of God whose ways you may not understand at the time. ~Oswald Chambers



B. Job's wife: Suffered right along with Job some of the severest testings, trials and reversals recorded in Scripture. And she failed God and her husband.

C. Naomi and Ruth: Widows alone, in poverty, and unprotected. Or so it seemed.

1. Naomi

2. Ruth

Do the next thing. ~Elisabeth Elliott

D. Abigail: A woman with the tragedy of being married to a fool.

Ours is not the security of angels, which is safety in a world of safety. Ours is safety though attacked, safety though assaulted, safety though hated, safety though libeled, maligned, parted from friends, plotted against, savaged, trampled, tempted and sore tried. It is security in a very fury of troubles. We shall be kept from all real evil. All else only works together for real good.

~Mark Minnick



- E. Solomon's Wife: Married to the King who was admired by the world, blessed by God beyond any monarch in all history—and this wise Solomon failed God, squandered his godly heritage, lost the honor of the Messiah for his descendants.

But refuse foolish and ignorant speculations, knowing that they produce quarrels. The Lord's bond-servant must not be quarrelsome, but be kind to all, able to teach, patient when wronged. II Timothy 2:23-24

Do all things without grumbling or disputing. Philippians 2:14

For lack of wood the fire goes out, and where there is no whisperer, contention quiets down. Proverbs 26:20

Like one who takes a dog by the ears is he who passes by and meddles with strife not belonging to him. Proverbs 26:17

Galatians 5—In the list of works of unrighteousness, along with adultery, witchcraft and heresy, is strife?

Do not be eager in your heart to be angry, for anger resides in the bosom of fools. Ecclesiastes 7:9

F. Martha & Mary: Single women who forever epitomize the extreme of service and worship.

G. Eunice: Married to an unsaved man and reared a godly son, Timothy.

V. Conclusion

We will be enabled to have peace, joy, and endurance in every change and challenge in our lives to the degree that we grow a personal, loving relationship with Jesus.



Praise the Savior, ye who know Him!
Who can tell how much we owe Him?
Gladly let us render to Him
All we are and have.

Jesus is the name that charms us,
He for conflict fits and arms us;
Nothing moves and nothing harms us
While we trust in Him.

Trust in Him, ye saints, forever,
He is faithful, changing never;
Neither force nor guile can sever
Those He loves from Him.

Keep us, Lord, O keep us cleaving
To Thyself, and still believing,
Till the hour of our receiving
Promised joys with Thee.

Then we shall be where we would be,
Then we shall be what we should be,
Things that are not now, nor could be,
Soon shall be our own.

—Thomas Kelly

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