



# *Mothers of Teens*

October 13, 2019 | Lesson 7

## *Recommended Listening:*

*Spiritual Needs; Training with Discipline & Instruction – 2007; Spiritual Discipling – 2011; Spiritual Training; Troubled Teens – 2015*

## *Discipling and Disciplining Your Teens*

Becky Rush

Memory Verse:

3 John 1:4

*"I have no greater joy than this, to hear  
of my children walking in the truth."*

**"Your mission, dear mother is not to make your children happy, but to prepare them for eternity."**

**Mark Chanski**

# 1. God's instructions given to parents for the discipling of our teens

(not given to youth pastors, Christian school teachers, PACE leaders, Sunday School Teachers)

*These words, which I am commanding you today, shall be on your heart. "You shall teach them diligently to your sons and shall talk of them when you sit in your house and when you walk by the way and when you lie down and when you rise up." Deuteronomy 6:6-7*

*"Woe to the parent who approaches this task [teaching our children diligently] half-heartedly or whose follow-through is lackadaisical"  
John McArthur*

*Which we have heard and known, and our fathers have told us. We will not conceal them from their children, but tell to the generation to come the praises of the LORD. And His strength and His wondrous works that He has done. For He established a testimony in Jacob and appointed a law in Israel, which He commanded our fathers that they should teach them to their children, that the generation to come might know, even the children yet to be born, that they may arise and tell them to their children, that they should put their confidence in God and not forget the works of God, but keep His commandments . . . Psalm 78:3-7*

- Hindrances to discipling our teens

- Our lack of faith in God's Words

*Seeing that His divine power has granted to us everything pertaining to life and godliness, through the true knowledge of Him who called us by His own glory and excellence. 2 Peter 1:3*

- Feelings of inadequacy – don't know what to teach

*But if any of you lacks wisdom, let him ask of God, who gives to all generously and without reproach, and it will be given to him. James 1:5*

- Busyness of life

“Dads, (and Moms), whatever you do with this busy life you are teaching your children how to handle a busy consumerist American life.”

Pastor Minnick

- Tools for discipling our teens

- The Bible

*So faith comes from hearing, and hearing by the word of Christ. Romans 10:17*

*Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord. Ephesians 6:4*

- Prayer

- Praying for our teens—pray Scripture for them
- Praying with our teens

- Bible Memory

- Family Worship

Partner with our husbands in the spiritual work in our home.

- Good Christian Literature

Bible study books, Christian biographies

- Our Treeology Theology Catechism

- Serving together

Find opportunities to serve together with a willing and joyful spirit.

\*Bible Clubs, NBS, Release Time, church nursery, hosting a teen fellowship (involve your teens), Making a meal for another family or sharing extras with a widower, offering to help a new mom or a senior adult (pick apples for them, mow their yard), washing a neighbor's car

- Biblical truths to teach our teens

*And that from childhood you have known the sacred writings which are able to give you the wisdom that leads to salvation through faith which is in Christ Jesus.*

2 Timothy 3:15

*For the Lord gives wisdom; From His mouth come knowledge and understanding.* Proverbs 2:6

- Teach them Biblical facts
- Teach them Bible doctrines and commandments (Inspiration, virgin birth, bodily resurrection)
- Teach them Biblical views regarding issues in our culture (Abortion, homosexuality, moral purity, alcohol, modesty)
- Teach them to reason biblically (To think God's thoughts)

*“For My thoughts are not your thoughts, nor are your ways My ways,” declares the LORD. “For as the heavens are higher than the earth, so are My ways higher than your ways and My thoughts than your thoughts.”* Isaiah 55:8-9

- Teach them how to use biblical principles (discernment)

*And this I pray, that your love may abound still more and more in real knowledge and all discernment, so that you may approve the things that are excellent, in order to be sincere and blameless until the day of Christ.* Philippians 1:9-10

- Teach the “why” behind the choices your family has made (Lifestyle choices: music, entertainment, dress)

“He (a true Christian) must train with an eye to his children’s souls. He must not be ashamed to hear his training called singular and strange. What if it is? The time is short—the fashion of this world passes away. He that has trained his children for heaven, rather than earth, for God, rather than for man, then he is the parent that will be called wise at last.” J. C. Ryle

## 2. God’s Instructions given to us as parents for the disciplining of our teens

*The rod and reproof give wisdom, but a child who gets his own way brings shame to his mother. Correct your son, and he will give your comfort: He will also delight your soul.*  
Proverbs 29:15, 17

*All Scripture is inspired by God and profitable for teaching, for reproof, for correction, for training in righteousness.*  
2 Timothy 3:16

- Hindrances to disciplining our teens
  - Our lack of faith in God’s Words
  - Our lack of love for our children

*For whom the LORD loves He reproveth, even as a father corrects the son in whom he delights.*  
Proverbs 3:12

- Busyness of life

- Biblical directives for disciplining our teens
  - Don't adopt the philosophy of our culture
  - Avoid human reasoning
  - Follow Scriptural directives: teach, encourage, admonish, correct, rebuke, reprove

*Trust in the Lord with all your heart and do not lean on your own understanding. In all your ways acknowledge Him, and He will make your paths straight.* Proverbs 3:5-6

- Suggestions for disciplining our teens
  - Be united with your husband.
  - Discipline at the right time and the right place.
  - Don't overreact, but have a calm loving spirit.
  - Ask "why" questions, not simple yes or no questions.
  - Pursue their heart, not simply try to change their behavior.

*My son, do not forget my teaching, but let your heart keep my commandment.* Proverbs 3:1

- Use Scripture not just to convict, but to comfort and encourage—always leave them with hope.

- Remember the goal of discipline: producing Godly character

*All discipline for the moment seems not to be joyful, but sorrowful; yet to those who have been trained by it, afterwards it yields the peaceful fruit of righteousness. Hebrew 12:11*

### A Parent's Prayer

Our gracious Father, we thank You for all the blessed teaching of Your Holy Word concerning our children. We thank You that You have come as our Teacher to equip us for teaching them. We ask You to help us to become the parents You would have us to be. O Lord, establish in our thoughts, hearts, and lives all the wonderful truths that concern the home life. We treasure all the promises of Your Spirit and Your blessing as our children's sacred heritage.

We accept all Your warnings and all Your instructions concerning children as the rules of our home. O LORD, open our eyes, that we may always have before us the picture of a believing home as You desire it to be. . . Come and let our home be a place where You love to dwell. Then will our home be blessed, indeed, and each of us will say with gladness, "Behold I and the children which God hath given me." "Even so, come, Lord Jesus" (Rev. 22:20). Amen

Andrew Murray

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