



Mothers of Teens

November 24, 2019 | Lesson 13

Recommended Listening:

Kindness—2007, 2015

Kindness

Angela Frederick

Older women likewise are...to teach what is good, so that they may encourage the younger women...to be kind...so that the word of God will not be dishonored. (Titus 2:3-5)

Memory Verse:

Be kind to one another, tender-hearted, forgiving each other, just as God in Christ also has forgiven you.

~Ephesians 4:32

*But to do justice, to love kindness,
And to walk humbly with your God?*

~Micah 6:8b

Why did Paul have to tell us to be kind?

Ephesians 4:32

Be kind to one another, tender-hearted, forgiving each other, just as God in Christ also has forgiven you.

--because we are made of flesh that is selfish.

Galatians 2:20

I have been crucified with Christ; and it is no longer I who live, but Christ lives in me.

Colossians 3:3

For you have died and your life is hidden with Christ in God.

Galatians 5:24

Now those who belong to Christ Jesus have crucified the flesh with its passions and desires.

John 12:24

Truly, truly, I say to you, unless a grain of wheat falls into the earth and dies, it remains alone; but if it dies, it bears much fruit.

Philippians 2:3

Putting others first. Do nothing from selfishness or empty conceit, but with humility of mind regard one another as more important than yourselves.

JOY Jesus and others and you,
What a wonderful way to spell joy!
Jesus and others and you,
in the life of each girl and each boy.
"J" is for Jesus, for He has first place,
"O" is for others you meet face to face,
"Y" is for you, in whatever you do.
Put yourself third and spell JOY.
~Bud Metzge

What is kindness?

Kindness is brotherly love.
Kindness is caring for others
Kindness is a genuine concern for others
Kindness is compassion in action.
Kindness is a fruit of the Spirit.
Kindness is looking to other's happiness.
Kindness is loyal love.
Kindness is the outworking of love.

What is the ultimate kindness shown us?

Bible Examples: Word (W) or Deed (D)

W-Abraham asked Sara to show kindness to him by saying, "He is my brother."

D-Abimelech showed kindness to Abraham by giving Sara back and with presents.

W-Joseph asked a kindness of the butler to remember him before Pharaoh.

D-Joseph asked his sons to show kindness and not bury him in Egypt.

D-Ruth's last kindness was better than the first to Naomi.

D-Kenites showed kindness to Israelites.

D-Jabesh-gilead kindness to dead Saul and buried him.

D-Abner showed kindness to Saul's family by not delivering Ishbosheth into David's hand.

D-David showed kindness to Mephibosheth for Jonathan's sake and restored his land and fed him.

D-David shows kindness to Hanun just as his father showed David kindness.

D-David showed kindness to sons Barzilla by feeding them.

D-Esther found favor and kindness with the king.

D-Dorcas abounding with deeds of kindness and charity which she did continually.

D-Peter came --he was kind enough to come.

D-Paul to Felix- Felix was kind enough to give a hearing.

D-Natives extraordinary kindness to Paul --built fires when shipwrecked.

The Bible says kindness:

--Should be put on--like a garment-Colossians 3:12

--Is like honey--Proverbs 16:23

--Is something we are crowned with by God-- Psalm 106:4

--Is to be taught by our tongue--Proverbs 31:26

--Is to be bound around your neck and written on your heart--
Proverbs 3:3

--Is fruit of the Spirit Galatians 5:22-23

The expression of Christian character is not good doing but God-likeness. If the Spirit of God has transformed you within, you will exhibit Divine characteristics in your life, not good human characteristics. God's life in us expresses itself as God's life, not as human life trying to be godly.

~Oswald Chambers, My Utmost for His Highest, September 20.

How is the fruit of the Spirit produced in us?

1. Salvation
2. Growing in God's Word
3. Obedience to the Word and putting off the deeds of the flesh
4. Prayer

Titus 2:14

Who gave Himself for us to redeem us from every lawless deed, and to purify for Himself a people for His own possession, zealous for good deeds.

John 13:35

By this they shall know--if you have love one to another.

Who are we to be kind to?

--family, friends, enemies and strangers--

2 Timothy 2:24-26

The Lord's bond-servant must not be quarrelsome, but be kind to all.

Kindness should begin at home:

Our husband--

Our teens--

Be kind to your kin or you will kindle a fire in your home that is not easy to put out. It will grow from you to your child to their siblings.

How to show kindness in our home

I Timothy 5:9-10

A widow is to be put on the list only if she is not less than sixty years old, having been the wife of one man, having a reputation for good works; and if she has brought up children, if she has shown hospitality to strangers, if she has washed the saints' feet, if she has assisted those in distress, and if she has devoted herself to every good work.

SALVATION--REJOICE IN OUR SALVATION

The Bible is full of God's lovingkindness. God is our example of the kindness. He demonstrates the ultimate kindness to us by giving His Son for us.

Psalm 106:1, 7

Praise the Lord! Oh give thanks to the Lord, for He is good; for His lovingkindness is everlasting,

Our fathers in Egypt did not understand Your wonders; they did not remember Your abundant kindnesses, but rebelled by the sea, at the Red Sea.

OUR HEART-OUR MOTIVATION-- GODLINESS.

“What kept Paul going as he strained toward what was ahead? What motivating factor did he count on when he wrote to Timothy, “train yourself to be godly,” fully knowing that such training was an arduous task, full of difficulties and discouragements? Someone has remarked that desire without discipline breeds disappointment, but discipline without desire breeds drudgery.”

~Jerry Bridges, *The Practice of Godliness* page 214.

Discipline to kindness without desire to godliness breeds drudgery.

PRAY FOR OUR TEENS--we have learned that the Holy Spirit must work in the hearts of our children in order for them to be saved. Our teens have heard the gospel--many of them could actually lead someone to Christ with verses but if the Holy Spirit doesn't do a work in their lives they won't be saved. The ultimate sacrifice we can do for our kids is to pray for them. God forbid that I should sin against thee in ceasing to pray for you. We must walk in the Spirit and talk to our kids, but we can't do the heart work God must.

- Pray for their salvation
- Pray for them to be Spirit filled
- Pray for their walk and surrender
- Pray for their spouses
- Pray for future service

What consequences will my teens and future generations suffer because of my pride, my prayerlessness and my pretending?

*~ The One Year Praying Through the Bible for Your Kids
by Nancy Guthrie*

FORGIVING THEM

Ephesians 4:32

Be ye kind, tenderhearted, FORGIVING one another....

LEARN TO CONTROL YOUR WRONG THOUGHTS ABOUT YOUR CHILDREN

Matthew 12:33-37

Either make the tree good and its fruit good, or make the tree bad and its fruit bad; for the tree is known by its fruit. You brood of vipers, how can you, being evil, speak what is good? For the mouth speaks out of that which fills the heart. The good man brings out of his good treasure what is good; and the evil man brings out of his evil treasure what is evil. But I tell you that every careless word that people speak, they shall give an accounting for it in the day of judgment. For by your words you will be justified, and by your words you will be condemned.

LET KINDNESS BE ON YOUR TONGUE

TAKE AN INTEREST IN THEIR INTERESTS

DO DEEDS OF KINDNESS:

- BEFORE THEM-BE THOU AN EXAMPLE
Titus 2:7 An example of the good deeds.
- FOR THEM
- WITH THEM

Areas to teach kindness to our teens

--MANNERS THAT ARE ACTS OF KINDNESS TO OTHERS

--OPENING DOORS FOR LADIES AND ELDERLY

--GIVING YOUR CHAIR TO LADIES OR ELDERLY

--GREET OTHERS

--BEING PUNCTUAL

--PHONE ETIQUETTE

--TEXTING KINDNESS--"BE WHERE YOU ARE"

--LEAD THEM IN WAYS TO SHOW KINDNESS TO SIBLINGS

--HELP THEM TO THINK OF OTHERS

*A mighty fortress is our God, a bulwark never failing;
Our helper He, amid the flood of mortal ills prevailing:
For still our ancient foe doth seek to work us woe;
His craft and pow'r are great, and, armed with cruel hate,
On earth is not his equal.*

~Martin Luther

- Satan is trying to work us woe.
- Satan is the foe NOT our kids

1 John 4:19-21

We love, because He first loved us. If someone says, "I love God," and hates his brother, he is a liar; for the one who does not love his brother whom he has seen, cannot love God whom he has not seen. And this commandment we have from Him, that the one who loves God should love his brother also.

Proverbs 26:25

When he speaks graciously, do not believe him, for there are seven abominations in his heart.

Deuteronomy 15:8

But you shall freely open your hand to him, and shall generously lend him sufficient for his need in whatever he lacks.

2 Corinthians 9:7

Each one must do just as he has purposed in his heart, not grudgingly or under compulsion, for God loves a cheerful giver.

We must not get tired:

Galatians 6:9

Let us not lose heart in doing good, for in due time we will reap if we do not grow weary.

1 Corinthians 13:4

Love is patient, love is kind and is not jealous; love does not brag and is not arrogant.

Book Recommendations:

- *The Practice of Godliness* by Jerry Bridges
- *The One Year Praying Through the Bible for Your Kids* by Nancy Guthrie
- *My Utmost for His Highest* by Oswald Chambers