

Lesson 2

Sitting at Jesus' Feet: Our Own Walk with the Lord by Katie Leedy

*How blessed are those whose way is blameless,
who walk in the law of the LORD.
How blessed are those who observe His testimonies,
who seek Him with all their heart.*
~ Psalm 119:1-2

Purpose

To encourage all of us to consider once again the **vital** necessity of growing in our own personal walk with the Lord.

Luke 10:39,42, *She had a sister called Mary, who **was seated at the Lord's feet, listening to His word.** . . . "But only one thing is necessary, for **Mary has chosen the good part**, which shall not be taken away from her."*

The Critical Need

God's Word tells us of our need.

1. We need to follow God's counsel to be blessed, fruitful and prosper.

Psalm 1:1-3, *How **blessed** is the man . . . He will be like a tree firmly planted by streams of water, which **yields its fruit** in its season and its leaf does not wither; and in **whatever he does, he prospers.***

Joshua 1:8, . . . *But you shall meditate on it day and night, so that you may be careful to do according to all that is written in it; for **then you will make your way prosperous, and then you will have success.***

2. We need God's Word for wisdom, encouragement, and warning.

Psalm 19:7-11, *The law of the Lord is perfect, **restoring** the soul . . . Moreover, by them Your servant is **warned**; in keeping them there is great **reward.***

Psalm 119:24, *Your testimonies also are **my delight**; they are **my counselors.***

Psalm 119:104-105, *From Your precepts I get **understanding**; therefore I hate every false way. Your word is a **lamp to my feet** and a **light to my path.***

Psalm 119:130, *The unfolding of Your words gives **light**; it gives **understanding to the simple.***

3. We need to seek God with all our heart.
Psalm 119:1-2 (see memory verse)

Psalm 105:4, **Seek the Lord** and His strength;
seek His face continually.

Psalm 27:4, *One thing I have asked from the
Lord, **that I shall seek.** . . .*

Philippians 3:10, **That I may know Him** . . .

4. We are helpless to accomplish any spiritual work
without God's enabling.
John 15:5, . . . *For **apart from Me** you can do
nothing.*

Philippians 2:13, *For **it is God** who is at work in
you, both to will and to work . . .*

Psalm 119:18, **Open my eyes**, that I may
behold wonderful things from Your law.

Psalm 119:38, *Establish **your word** to Your
servant, **as that which produces reverence for
You.***

5. We need to **work** at growing in godliness.
II Peter 1:3-11, . . . **applying all diligence.** . . .
*For if these qualities are yours and **are
increasing.** . . .*

I Timothy 6:11b, . . . *and **pursue** righteousness,
godliness, faith, love, perseverance and
gentleness.*

I Timothy 4:15-16, **Take pains** with these things; **be absorbed in them**, so that your progress will be evident to all. **Pay close attention to yourself and to your teaching; persevere in these things . . .**

I Timothy 4:7-8, . . . **Discipline** yourself for the purpose of godliness. . .

6. We need **all** of Scripture to equip us.

II Timothy 3:14-17, . . . **All Scripture** is inspired by God and profitable . . . so that the man [woman] of God may be adequate, **equipped for every good work.**

Why mothers especially need their own growing, vibrant, personal walk with the Lord.

1. We are disciplers.

- We are the parent in Proverbs who needs to be teaching, instructing, and guiding our children **in the ways of wisdom.** (Ephesians 6:4, . . . *bring them up in the discipline and instruction of the Lord.*)
- “Parenting is discipleship.” “Before you can become useful to Christ as a disciple-maker, the fruit of your own walk with Christ must be apparent to others.” (Jim Berg)

2. Mothers constantly find themselves in “hot water” situations.

3. More is caught than taught (“Your walk talks louder than your talk talks!”)

The Process

“Keep in mind that sanctification has been designed by God to be a **cooperative venture between God and us.**”

~ Jim Berg

1. God works in us through the Holy Spirit.

Philippians 2:13, *For **it is God** who is at work in you, both to will and to work*

Galatians 2:20, . . . *and it is no longer I who live, but **Christ lives in me***

II Corinthians 3:18, *But we all . . . **are being transformed** into the same image*

Romans 12:2, . . . *But **be transformed** by the renewing of your mind*

Ephesians 4:23, *And that you **be renewed** in the spirit of your mind.*

2. We must diligently work using the means God has given to seek Him.

Philippians 2:12, . . . ***Work out** your salvation with fear and trembling.*

Proverbs 2:1-5

The Means

“We must be driven more to our Bibles, and to the mercy-seat, if we are to stand in the evil day.”

~ Robert Murray M’Cheyne

1. Bible reading

- Pray for God’s illumination as you read (Psalm 119)
- Read the **entire** Bible systematically—we need *all* of God’s Word
- Read for profit
- Read to *know God* better

2. Prayer

- Colossians 4:2, **Devote yourselves to prayer, keeping alert in it with an attitude of thanksgiving.**
- Prayer journal
- Pastor’s Wednesday night messages on Jesus’ prayer life
- The Lord’s prayer
- Layton Talbert’s ideas for prayer exercises—expanding our praying.
- “Turn the Bible into prayer.” (M’Cheyne)

3. Meditation and study

- Psalm 1:2, *But his delight is in the law of the Lord, and in His law **he meditates** day and night.*
- Joshua 1:8, . . . **but you shall meditate** on it day and night.
- “Anyone who knows how to worry knows how to meditate” (Jim Berg)
- Ask questions about the passage: Who, what where, why, when, how.

4. Memorization

- Psalm 119:11, *Your word I have **treasured** in my heart, that I may not sin against You.*
- Colossians 3:16, *Let the **word of Christ richly dwell** within you. . .*
- Proverbs 2:1, . . . **treasure my commandments *within you.***
- A helpful resource: *His Word In My Heart* by Janet Pope
- Don't give up! Be diligent in reviewing!

The Problem

*Our basic problem is our flesh
that wars against the Spirit.*

Galatians 5:17

Romans 7:18-19

Hindrances

1. Lack of time

- We make time for what we *really* want to do.
- Pray earnestly about what time *the Lord* wants you to use for this
- Establish a **consistent** time
- What if you have small children? Are homeschooling? Are a working mom?

2. Inability to focus or a cold heart

- Use Pastor Minnick's suggestions and helps
- Earnestly pray for God's help
- Find a different time when you are not distracted or tired
- Continue pursuing—persevere—endure

4. Discouragement with progress
- Growth is imperceptible—it happens little by little.
 - Compare to learning to play an instrument—hours of practice
 - Renew your mind—**keep** reading, memorizing, meditating, and praying.

Conclusion

We must all, for the good of our own souls and for the good of our children's souls, **seek diligently to pursue growth in the grace and knowledge of God our Savior.**