

# To Love & Submit to Your Husband

“Clothe yourselves with humility toward one another,  
for God is opposed to the proud, but gives grace to the humble.  
<sup>6</sup>Therefore humble yourselves under the mighty hand of God,  
that He may exalt you at the proper time.” (I Peter 5:5b-6)



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## **I. What should we KNOW?**

### **A. Definitions:**

#### **1. Love—**

**I Cor 13:4-7** -This is biblical love!

**Titus 2:4**, “That they may teach the young women to be sober, **to love their husbands**, to love their children.”

This Greek word for love refers to tenderness, affection, passion; it emphasizes enjoyment and respect in a relationship.

#### **2. Submit—**

Means to yield oneself to the authority or will of another; the condition of being humble or compliant.

**Eph. 5:22-24 –**

“The husband is to mirror the sacrificial love of Christ by laying down his life for his wife, and the wife is to exemplify the church’s joyful submission to Christ by following her husband’s leadership.” (p. 138, *Carolyn Mahaney*)

**3. Husband—**

Is not a native English word but comes from the Old Norse word meaning “master of a house,” who was usually a spouse as well; in the modern English, “a man joined to a woman in marriage.”



**Your husband should  
be #1 on earth to you!**



**B. Fundamental history:**

Marriage is not a “human arrangement”; God designed it, and it was dramatically introduced to Adam!

1. **Genesis 2:18**, “And the Lord God said it is not good that the man should be alone; I will make him a help meet for him.”
2. Adam observed there was no creature corresponding to him when he named the animals. Creature means “special creation bearing the image of God”. (p. 3, *John Ashbrook*)
3. **Genesis 2:21-23**, “. . . and he took one of his ribs . . . made he a woman and brought her unto the man.”
4. **Genesis 2:24-25** reminds us “. . . and they shall be one flesh.”

## C. Divine order of the home:

1. **Ephesians 5:22-24**, “Wives, submit yourselves unto your own husbands . . . for the husband is the head of the wife. . . .”
2. **Colossians 3:17-19**, “Wives, submit yourselves . . . husbands, love your wives . . .” Both are a matter of obedience to God.
3. **1 Peter 3:1 & 7**, “Likewise, ye wives be in subjection . . . Likewise, ye husbands, dwell with them . . . giving honor unto the wife.”  
Wives are to be in subjection to their husbands, and husbands are to be in subjection to what God says about treating their wives.” (*p. 15, Ashbrook*)

## II. What should we BE?

### A. Reverent in our attire

Godly women should dress in a feminine (not masculine), modest (not sensual) manner. Their clothing should be pretty but not ostentatious and vain.

**1 Timothy 2:9-10**, “Likewise, I want women to adorn themselves with proper clothing, modestly and discreetly, not with braided hair and gold or pearls or costly garments, <sup>10</sup> but rather by means of good works, as is proper for women making a claim to godliness.”

- Paul had left Timothy in Ephesus as the pastor of a new church, and there were Temple prostitutes who were known for their gaudy and extreme styles of hair and jewelry.
- Paul did not want the Christian women to look like the worldly women of his day.
- If the Christian woman was going to stand out, it should be because of her good works (done quietly).

**I Peter 3:3-4**, “Your adornment must not be merely external—braiding the hair, and wearing gold jewelry, or putting on dresses; <sup>4</sup> but let it be the hidden person of the heart, with the imperishable quality of a gentle and quiet spirit, which is precious in the sight of God.”

## **B. Beautiful in our attitudes**

--**contentment (Phil. 4:11; Heb. 13:5; Phil. 2:14)** is not the fulfillment of what you want but the realization of how much you already have. **(I Tim. 6:6-10)**

**Galatians 6:10**, “As we therefore have opportunity, let us do good unto all men, especially unto them who are of the household of faith.” “We are in a fierce battle - confronting sin from within and temptations from without.” (*Mahaney*)



“What makes these sinful desires so dangerous is that they dwell within our own heart.” (*Jerry Bridges*)



--**humility (I Peter 5:6; Philippians 2:3-4)**

**Oh, to be saved from myself, dear Lord,  
Oh, to be lost in Thee,  
Oh, that it might be no more I,  
But Christ, that lives in me. (A.B. Simpson)**

Submission is an action, a choice, a lifestyle, an attitude. It is the beginning of humility! It requires a spirit of compliance.

According to our memory verse, we are to be clothed with humility.



“God has two thrones,  
one in the highest heavens,  
the other in the lowliest heart.”  
(*D. L. Moody*)



## --joy (**Hebrews 12:2; III John 1:4**)

This is an abiding emotion resulting from a personal relationship with the Lord Jesus Christ. "The joy of the Lord is your strength."

### **III. What should we DO?**

#### **Respect & love our husbands**

- **Communicate with him often–**

1. Keep your words to your husband guarded and edifying. **James 4:11**, "Do not speak against one another, brethren . . ."
2. Cease from strife. **Proverbs 20:3**, "Keeping away from strife is an honor for a man, but any fool will quarrel."
3. Listen to "one another." Have you become quiet around one another? Make your conversation count with quality talk.
4. Purpose to join your mate in fun activities, where you can share experiences.

- **Feed his ego–**

1. Be proud of what he does at work, home and church.
2. Be thankful for what he does. It is easy to forget to show gratitude.
3. Praise your mate! **Psalms 71:8** "Let my mouth be filled with thy praise and with thy honor all the day."

- **Don't tell his faults–**

1. Encourage! Everyone struggles with difficulties; give friendly words of encouragement to show you care.
2. Dedicate yourself to building up and not tearing down!
3. **Philippians 2:3**, "Do nothing from selfishness or empty conceit, but with humility of mind regard one another as more important than yourselves."

- **Seek his guidance–**
  1. Do not usurp his leadership.
  2. Value his opinion.
  3. Share with one another.
  4. Give honor to your husband!
- **Keep a neat home–**
  1. Work sacrificially to please him.
  2. Show respect for territory, possessions, privacy.
  3. Have a good work ethic in your own home.
  4. Help one another.
- **Sympathize with his trials–**
  1. Listen without giving advice.
  2. Try to live sweetly in the midst of a trial.
  3. Don't cause additional discouragement.
  4. Pray for each other. **James 5:16**, "Therefore, confess your sins to one another, and pray for one another."



"When you pray for others,  
God changes your heart."  
*(Elizabeth George)*



- **Keep a meek & quiet spirit–**  
Apologize quickly when necessary. **I John 1:9**  
Remember, be content!



"If you mix patience and joy  
in the blender, out comes  
contentment." *(Jim Berg)*



- **Meet his sexual needs–** Affection is a privilege and demonstrates a natural closeness. Successful relations in marriage depend on each partner aiming to give satisfaction to the other.



### WHY?

**I Corinthians 7:2-5** - To avoid immorality.

1. Your body belongs to God--**I Corinthians 6:19, 20**

Part of God's plan for you is to be physically fit and mentally refreshed.

2. Your body belongs to your husband--  
In marriage you became one flesh. That is our God-ordained means of overcoming temptation to sin, **II Peter 2:9**.

Other passages to study: **Genesis 2:24; Proverbs 5:18-19; Matthew 19:5; Luke 1:34; I Corinthians 7:2-5, 9; Ephesians 5:31**. You are both to respond to one another's physical and intimate needs continuously.

### CONCLUSION:

*A demonstration of submission, humility, and love.*

**Naomi**, a Hebrew woman in a foreign land chose to return to Bethlehem. Angry and in grief, still a woman of faith, she asked God to provide security and a place of rest for her daughter-in-law. (Ruth 1:9, 10).

**Ruth**, a Moabite woman declared her kindness and faithfulness to Naomi, her people and her God. She took the responsibility to care for Naomi and was a diligent worker (2:7).

**Boaz**, a Hebrew man of valor lived an exemplary life. As a wealthy land owner and farmer he provided for Ruth more than was required (2:8, 9, 16).

Naomi knew the integrity of Ruth or would not have put her into the temptation of immorality. It was dark and Ruth was alone at the feet of Boaz. Naomi also

*knew the integrity of Boaz; he was trusted to act responsibly and become a kinsman-redeemer.*



*The rewards of responsible, moral, pure living are always the sweet fruit of God's grace.*



*The book of Ruth begins in tragic circumstances but ends in joyous fulfillment! This is a gratifying reminder that even in the darkest times God is at work in the hearts of His faithful people.*

**Sources consulted:**

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