

Is any man able to keep the commandments of God perfectly?

Indeed, there is not a righteous man on earth who *continually* does good and who never sins (NASB; Ecclesiastes 7:20).

If we say that we have no sin, we are deceiving ourselves and the truth is not in us (NASB; I John 1:8).

If we say that we have not sinned, we make Him a liar and His word is not in us (NASB; I John 1:10).

No mere man since the fall is able in this life to keep the commandments of God perfectly, but breaks them daily in thought, word, and deed.

(Adapted from *Westminster Shorter Catechism*, Q. 82)

