In a typical year, the people of Israel would journey three times to their Holy City of Jerusalem to commemorate God's past special care of their nation and as a foretaste of their anticipated glorious future. As they journeyed, their aspirations were fixed on God, Jerusalem, Mount Zion, and the Temple. Yet, in their travels they were not immune to struggles brought on by the threat of enemies, hardships on the journey, or the threat of disunity with other pilgrims. They learned to meet to meet these struggles with specific songs--songs that helped them to respond to their struggles and prepared them to meet with God. These lessons provide us with an insightful glimpse into the heartfelt music of Israel's pilgrims and advances parallels of their pilgrimages to our own heavenward journey.

The curriculum series *The Pilgrim Psalms: The Journey Isn't Over (Psalms 120-134)* is based in part on Pastor Mark Minnick's preaching through these psalms on Wednesday evenings at Mount Calvary Baptist Church, Greenville, SC. In an effort to rehearse the preaching that we hear and continue having the Lord work it more deeply into our souls, from time to time we "resurrect" series or portions of series that Pastor Minnick has preached and format them for use in our adult Sunday school ministries.

Our Sunday school cycle does not fit the typical quarter system. We tend to give at least four months to a topic. Though the written lessons are often too long to be covered entirely in a single class hour, we provide our teachers with this material to enhance their preparation. Our teachers are welcome to condense the lessons and customize them to their own style of teaching.

Our goal in providing the materials to our teachers is three-fold:

- To support and reinforce the pulpit ministry
- To provide helpful teaching material to our teachers in an accessible format.
- To ease the load of lesson preparation for our teachers

We are delighted that you have chosen to use this material, and we trust the Lord will use it in your own life and in the life of your church in the same way He has used it in our church family.